But I will restore you to health and heal your wounds, declares the Lord.

- Jeremiah 30:17

November is National Diabetes Month.

November is National Diabetes Month, a time when healthcare organizations and advocacy groups raise awareness about the prevalence, risk factors, and treatment strategies around diabetes. One in 10 Americans has diabetes, and another 84 million adults in the United States are at high risk of developing the disease. The good news is that people can lower their risk with lifestyle changes like eating healthy, getting more physical activity, and losing weight.

At MLH: Methodist Le Bonheur Healthcare is committed to addressing the problem of diabetes in our communities. We offer a number of classes, support groups, consultation opportunities, and treatment pathways at our different locations ground the area.

Please visit **www.methodisthealth.org/diabetes** to learn more about the options close to you.



OUR FAITH-BASED MISSION

Our mission is to collaborate with patients and families to be the leader in providing **high-quality**, **cost-effective**, **patient-** and **family-centered care** in a manner which supports the health ministries and Social Principles of the United Methodist Church to benefit the communities we serve.



750+ referrals to mental health resources

500+ free mammography screenings provided

19,000+ congregation

members served

In 2018, we provided over

\$226 million

in care for uninsured and impoverished patients.





